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fear of intimacy is generally a social phobia and anxiety disorder resulting in difficulty forming close relationships with another person the term can also refer to a scale on a psychometric test or a type of adult in attachment theory psychology the fear of intimacy is the fear of being emotionally and or physically close to another individual this fear is also defined as the inhibited capacity of an individual because of anxiety to excha web apr 15 2013 measuring fear of intimacy among men and women in a research sense is tricky but one study thelen et al 2000 attempted it and found that men scored higher web apr 19 2015 remember that learning to recognize and deal directly with difficult emotions will take time fearing intimacy and avoiding closeness in relationships is the norm for web here are seven

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